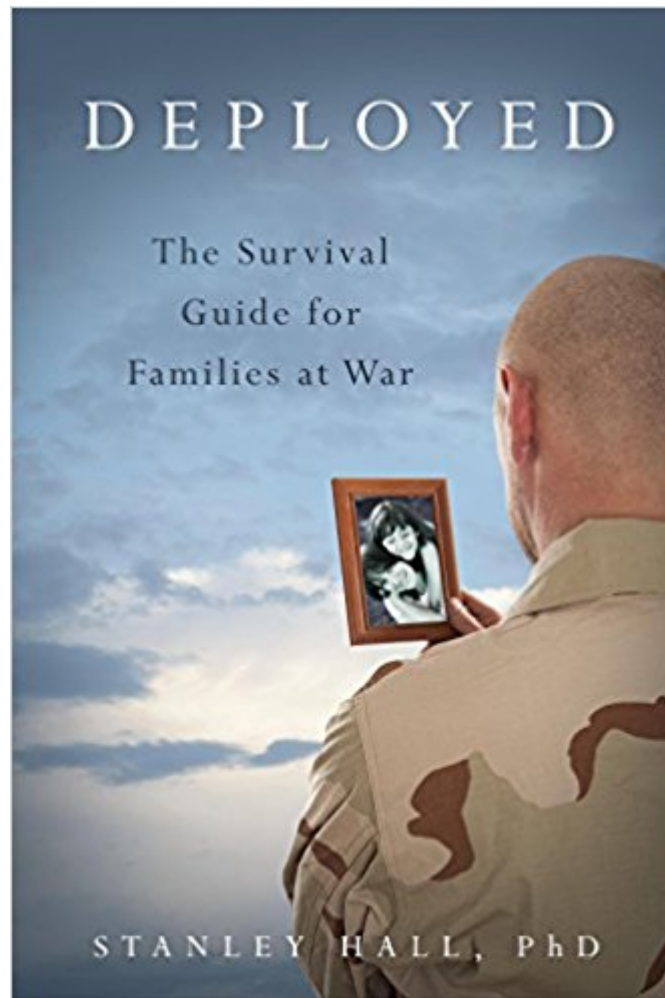




Ebook Directory
the best source of ebook

The book was found

Deployed: The Survival Guide For Families At War



Synopsis

Wondering what you are in for as you move to your first military base, or as you try to recover from numerous deployments? *Deployed!* is the perfect solution for every member of a military family who wants a healthy family. From the time you finish boot camp to the time you return from your last deployment, this book provides principles that will guide you in your journey through family life in the military. In the face of extended war, record high divorces, and combat stress, professional on-base counselor Dr. Stanley Hall gives answers and directions for wading through it all and finding more happiness and success in your military family than you ever imagined.

Book Information

Paperback: 218 pages

Publisher: Familius; First edition (October 1, 2013)

Language: English

ISBN-10: 1938301676

ISBN-13: 978-1938301674

Product Dimensions: 6 x 9 x 9 inches

Shipping Weight: 11.2 ounces (View shipping rates and policies)

Average Customer Review: 4.6 out of 5 stars 3 customer reviews

Best Sellers Rank: #395,082 in Books (See Top 100 in Books) #61 in [Books > Parenting & Relationships > Family Relationships > Military Families](#) #475 in [Books > Parenting & Relationships > Family Relationships > Divorce](#) #1807 in [Books > Parenting & Relationships > Marriage & Adult Relationships](#)

Customer Reviews

"As a true patriot and supporter of our nation's heroes, Dr. Hall has taken the time to help military families understand the unique challenges that attend military service. While we, as a nation, honor our soldiers, there is a growing need to offer them additional support to have successful marriages and families in light of the unique stressors they endure while putting it on the line for their country. What about pre-deployment and post-deployment? What about dealing with the reality of conflict and survival? What about the "mission" of returning home? Dr. Hall has provided answers to these and other relevant questions in this book....have a look."
 —Mark Mauzy, PhD

Dr. Stanley Hall has worked with service members in the Navy and Marines since 2009 working in

the Deployment Health Clinic using the best training available to help families work through the symptoms associated with PTSD and TBI. Dr. Hall has also worked extensively with couples who are struggling in abusive relationships on the Marine base. Dr. Hall has years of experience using Heart Math (an extensively researched treatment) to help individuals and families address issues of anger, depression, anxiety, and stress. Dr. Hall also has been practicing Eye Movement Desensitization and Reprocessing (EMDR) and Prolonged Exposure (PE) to help hundreds of individuals work through traumatic memories from childhood abuse and combat.

This is one of the few books out there that accurately describes the fundamentals of the military family life. It is even a good read if you are in military studies and would like some background. There are also pieces of advice in this book that would help couples that aren't in the military lifestyle.

I learned so much from this book! Dr. Hall has encapsulated the keys of a happy family which apply whether in the military or not, but he explains the principles through the lense of a military family. I was amazed as I read the book at how concepts that I had taken for granted were explained so clearly and given to me in such an understanding way that I quickly adopted them into my mind set and I see that they are already changing the way I treat my wife and our children in a very positive way. This is a great book - I highly recommend it. Yes, I very highly recommend this book!

DEPLOYED gives families (mainly military, but also any family) tools to be better, be closer, and stay connected through the many challenges of life. While I'm not married to the military, I have siblings who are in the military and have spent a lot of time in military towns. The issues and solutions Dr. Hall provides are real. I hope you'll give this book a try. I recommend this book.

[Download to continue reading...](#)

Deployed: The Survival Guide for Families at War Survival: Survival Guide: Survival Skills, Survival Tools, & Survival Tactics. Emergency Prepping, & Surviving A Disaster! (First Aid, Survival Skills, Emergency ... Medicine, Bushcraft, Home Defense Book 1) The Military Father: A Hands-on Guide for Deployed Dads (New Father Series) The Ultimate Survival Guide for Beginners: The Best Tactics And Tips To Survive Urban And Wilderness Disasters (Survival Guide, Survival for Beginners, Survival books) A Beginner's Urban Survival Prepping Guide: Basic Urban Self Defense Guide And Survival Tips in the Prepping Urban Environment(The Prepper's Urban survival ... A Beginner's Urban Survival Prepping My Daddy is DEPLOYED SURVIVAL: Survival Pantry: A

Prepper's Guide to Storing Food and Water (Survival Pantry, Canning and Preserving, Prepper's Pantry, Canning, Prepping for Survival) World War 2 History 10 Most Incredible Women: World War II True Accounts Of Remarkable Women Heroes (WWII history, WW2, War books, world war 2 books, war history, World war 2 women) Outdoor Survival: The Ultimate Outdoor Survival Guide for Staying Alive and Surviving In The Wilderness (2nd Edition) (Prepping, Camping, Survivalism, ... Handbook, Survival Blueprint Book 1) Homemade Survival Weapons: The Ultimate Guide To Survival Weapons, Tools And Skills - Discover Amazing Lessons To Creating Effective Weapons For Survival And Self-Defense! WINTER SURVIVAL COURSE HANDBOOK, SURVIVAL MANUAL, SURVIVAL GUIDE World War 1: Soldier Stories: The Untold Soldier Stories on the Battlefields of WWI (World War I, WWI, World War One, Great War, First World War, Soldier Stories) Civil War: American Civil War in 50 Events: From the Very Beginning to the Fall of the Confederate States (War Books, Civil War History, Civil War Books) (History in 50 Events Series Book 13) World War 1: World War I in 50 Events: From the Very Beginning to the Fall of the Central Powers (War Books, World War 1 Books, War History) (History in 50 Events Series) Stepparenting: Becoming A Stepparent: A Blended Family Guide to: Parenting, Raising Children, Family Relationships and Step Families (Raising Children, ... Blended Families, Blended Family Book 5) Survival Swimming: Swimming Drills to Learn and Improve on the Five Best Swimming Strokes for Survival (Survival Fitness Series Book 4) The U.S. Navy SEAL Survival Handbook: Learn the Survival Techniques and Strategies of America's Elite Warriors (US Army Survival) Red Families v. Blue Families: Legal Polarization and the Creation of Culture Adult Children Secrets of Dysfunctional Families: The Secrets of Dysfunctional Families Ohio Families: A Bibliographic Listing of Books About Ohio Families

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)